

SAFETY & HEALTH DOCUMENTATION

Safety & Health Documentation For:

Jasher Kuehn — Arizona Sole Proprietor Dance Instruction
Brooke Johnson — Arizona Sole Proprietor Dance Instruction

1. Health Status Disclosure

I acknowledge and agree to the following:

- I am physically capable of participating in dance lessons, conditioning, competitions, and related activities.
- I have disclosed any medical conditions, injuries, allergies, or limitations that may affect my ability to participate safely.
- I agree to update the Instructor regarding any new health issues prior to participation.

2. Voluntary Participation & Assumption of Risk

I voluntarily participate in dance instruction with full knowledge of the potential risks, which may include, but are not limited to:

- Falls, slips, collisions, sprains, strains, overuse injuries
- Contact with other participants
- Fatigue and overexertion
- Travel or competition-related hazards

I understand that Arizona law requires that I knowingly assume these risks, and I do so willingly.

3. Communicable Disease Acknowledgment

I acknowledge:

- Dance training involves close contact and shared spaces.
- The Instructor is not liable for exposure to illnesses including, but not limited to, influenza, RSV, or COVID-19.
- I will not attend practice while sick or contagious.

4. Emergency Medical Authorization

In the event of an emergency, I authorize:

- The Instructor to secure medical treatment
- Emergency medical responders to provide care
- My emergency contact to be notified

If injury occurs:

- The Instructor may assist but is not required to provide medical care.
- Participants may be removed from training or competition if injury compromises safety.
- Clearance from a medical professional may be required before returning.

I agree to be financially responsible for all associated costs.

5. Release of Liability — Ordinary Negligence

I release and discharge the Instructor from liability for ordinary negligence, consistent with Arizona's requirements for waivers.

6. Limitation of Release

This document does not release the Instructor from gross negligence or intentional misconduct, as required by Arizona law.

7. Confirmation

Participant Signature: _____ Date: _____

Parent/Guardian (if minor): _____ Date: _____